

ENGLAND ATHLETICS MASTERS ASSOCIATION

**OPEN MASTERS CROSS COUNTRY RACES**

To be held at WOLLATON PARK, NOTTINGHAM on  
**SATURDAY 22<sup>nd</sup> NOVEMBER 2014.**

**2.00pm Start**

**WOMEN 35+ AND MEN 65+ (6 Km) MEN 35 – 64 (8 Km)**

Prizes according to Entry

*British & Irish XC International Travelling Reserves Free Entry*

**Open Entries £5 / £7 (unaffiliated) On the Day £7 / £9 (unaffiliated)**

Entries to; Irene Nicholls, 15 Meadow Lane, Alvechurch, Worcs B48 7LH  
*Please enclose sae for Directions and Number*

FOR ANY QUERIES PHONE 0121 4455327 or email [irenenn@aol.com](mailto:irenenn@aol.com)

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**ENTRY FORM (PLEASE COMPLETE IN BLOCK CAPITALS)**

NAME ..... FIRST CLAIM CLUB .....

AGE ON THE DAY ..... COUNTRY (RESERVES).....

EA or COUNTRY REGISTRATION NUMBER.....

ADDRESS .....

.....

POST CODE .....

TELEPHONE ..... MOBILE .....

EMAIL .....

I enclose entry fee cheque payable to EAMA ..... Encl SAE ...yes / no / collect

*I declare that I am fit to enter the event. I understand that I compete at my own risk and that the Organisers will in no way be held responsible for injury, accident, damage or loss incurred.*

SIGNATURE ..... DATE .....